

Next Level Athlete Application

To be considered for the Next Level Athlete Spring Sessions, please complete the steps outlined below. Please note that admission is competitive; only athletes who demonstrate dedication, consistency, and a strong work ethic will be accepted into the NLA program.

The following process must be completed no later than 9:00 AM on February 14th:

- 1.) Fill out Google Form ([Click HERE](#))
- 2.) Create a video explaining why you want to train (Hint: Be creative)
 - Instagram
 - Email (john@eugenepersonaltraining.com)
 - Create a Google Drive file and share w/ the email above
- 3.) Complete a Fitness assessment (\$100)
 - Only if accepted into the NLA Program**